



## Course Location: AGC San Diego Training Center

6212 Ferris Square  
San Diego, CA 92121  
858-558-7444 | 858-731-8155 (Education Department)  
www.agcsd.org

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## FALL PROTECTION 8 HOUR COMPETENT PERSON TRAINING

**Course Description:** This course is designed to train safety professionals and management on developing a comprehensive fall protection safety program based on both OSHA and ANSI standards. The course also trains individuals as "Competent Persons" in accordance with OSHA Fall Protection Construction & General Industry Standards. The course objectives incorporate the ANSI Z 359 Fall Protection Safety standards.

**Course Objectives, Help students gain an understanding of:**

- Key safety requirements on fall protection operations in accordance with OSHA 29 Code of Federal Regulations (CFR) Part 1926 Subpart M & OSHA 29 CFR Part 1910.66
- Key elements of the Fall Protection Safety Plan
- The role of the Competent Person and Qualified Person
- The selection process for selecting anchor points
- Understand the best practices for identify and eliminate fall hazards
- Understand the different applications of passive, restraint and arrest systems
- The duties and responsibilities of a Competent Person
- The proper selection and use of Fall Arrest Systems Equipment & Components
- The ability to identify and select Fall Arrest Anchors
- The capabilities and limitations of a Fall Rescue Plan
- The proper selection and use of Fall Rescue equipment
- and more!

### Course Features

This course features lecture-discussion, fall protection safety equipment demonstrations and use, hands-on demonstration, and skills training on fall rescue techniques.

### Target Audience:

Employees working on job sites where any type of fall hazards exist, Construction employees who want to open their future job opportunities, Superintendents, Contractors, Foremen, Project Engineers

**Certification:** Upon successful course completion, including demonstration of skills competency on all learning stations and passing skills test and a written test, students receive a Competent Person Fall Protection course certificate valid for two years.

**INSTRUCTOR:** MELISSA BEWLEY

Date: January 30, 2018  
May 3, 2018

Time: 7:00 am - 3:30 pm

Course Tuition: AGC Members \$225 | Non Members \$325

Registration: **Online Registration** Must be completed **WWW.AGCSD.ORG**

This 1-Day Hands-on training course requires participants to wear the appropriate PPE to be able to participate in the hands-on training. Failure to do so and you will be asked to leave.

- Gloves
- Boots and Hard Hat
- Shirt with Sleeves
- Jeans or long pants
- Safety Vest & Safety glasses

**Cancellations and/or Changes Policy:** Cancellation notification must be received in writing no later than three business days prior to the scheduled course date. Substitute registrants can be named at any time. A full refund - minus a 5% processing fee if paid by credit card - will be given if notification is received by AGC San Diego three business days prior to the course start date. If a cancellation is received within the three business day time frame, or if registrant(s) elects not to attend, attendee will forfeit the entire course fee. Those participants using using AGC Journeyman Trust funds must adhere to the cancellation policy.

**Payment:** Payment can be made online by credit card or PayPal. Master Card, Visa, Discover and American Express are accepted. Checks to be made payable to AGC San Diego. Invoice option is only available for AGC San Diego Chapter members. Full course payment must accompany each registration for all attendees at least seven days prior to the course start date. Contact Inna Alizade in Accounting for payment confirmations, refunds or receipts. inna@agcsd.org